

Ultimate Camino Packing Checklist

This Camino packing checklist can be used on any Camino de Santiago route or on any long multi-day walk where your accommodation and food is provided. We walked our Camino together as a couple, so while some items are unisex others are divided into specific recommendations for women and men. Linked items allow you to purchase these items through an affiliate link (see Disclosure below).

For the full list: [How To Pack for the Camino de Santiago: The Ultimate Camino Packing List](#)

Backpacks

- Small hiking backpack (**his** and **hers**)
- Backpack rain cover**

Clothing

- 2 quick-dry t-shirts (**his** and **hers**)
- 1 extra t-shirt (for sleeping)
- 1 pair trekking pants (**his** and **hers**)
- 1 pair shorts (if walking in summer)
- 1 pair resting/evening pants
- 1 pair pajama/yoga pants (for sleeping)
- 1 long-sleeved light shirt (**his** and **hers**)
- 4-5 pairs of underwear (**his** and **hers**)
- 2-3 pairs of **trekking socks** + sock liners
- Sun hat/baseball cap & sunglasses

Outerwear

- Fleece** (pullover or zip)
- Light windbreaker** / **waterproof jacket**
- Waterproof pants**
- Waterproof poncho** (covers backpack)
- Gloves / scarf (spring or autumn Camino)

Shoes

- Hiking shoes (**his** and **hers**)
- Flip flops or river shoes (**his** and **hers**)

Packing Accessories

- Ziplock bags** (gallon-sized) for protecting clothes from rain
- Half packing cube** or **Hobo Roll**
- Mesh laundry sack**

Other Camino Gear

- Trekking poles** (travel-friendly)
- Headlamp**
- Quick-Drying Towel**
- Silk sleep sack**
- Water bottle** and/or **bladder**
- Leatherman Multi-Tool Device**
- Camping utensils** or **spork**
- Eye mask** and **earplugs**
- Carabiners** (to hang things)

Medicines / Health Kit

- Duct tape** and **Compeed** (for blisters)
- Ankle brace** (if you have weak ankles)
- Tylenol/Aspirin/Panadol
- Electrolyte packets** / **Emergen-C Packets**
- Tea tree oil**
- Azithromycin / Amoxicillin (or similar)
- Your usual prescriptions

Toiletries

- Soap, shampoo (small), & razor
- Anti-bacterial gel
- Dental floss** & toothbrush
- Lip balm with SPF protection**
- Toilet paper / tissue packets
- Sunscreen** (higher the SPF, the better)

Tech Gear

- Battery pack for smartphone**
- Power bank**